



FOR IMMEDIATE RELEASE

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Yoga on the High Seas: Halloween Edition

Thrills, Chills and a Spooky Good Time at Yoga on the Yorktown

MOUNT PLEASANT, S.C. – Ghostly asanas and spine-tingling stretches are expected at the final ‘Yoga on the Yorktown’ class this Thursday, October 26 from 5:30-6:30pm on the Flight Deck of the USS Yorktown. All proceeds directly benefit the USS Yorktown Foundation’s mission of supporting educational programs, exhibits, and historical preservation at Patriots Point.

Date: Thursday, October 26

Time: 5:30-6:30pm

Location: Flight Deck of the USS Yorktown, Patriots Point Naval and Maritime Museum

Dress Code: Spooky comfort.

Yoga Level: Suitable for all levels, from beginners to seasoned yogis.

Bring: Yoga mat, water, identification for entry, and a spooky spirit.

“Halloween is the time where we can all be a little spooky, a little silly, and have a whole lot of fun,” said Meaghan Silsby, Director of Development, USS Yorktown Foundation. “We look forward to welcoming the community on the iconic USS Yorktown for an enjoyable yoga class. We’ve had such a positive turnout throughout this series, and we hope to welcome many more to this last class.

The class promises a unique blend of tranquility and Halloween enchantment. Participants will flow through yoga poses and stretches led by an experienced yoga instructor from Lowcountry Yoga Studio while being serenaded by the gentle lapping of the water against the USS Yorktown and the shadowy whispers of history.

Classes are \$25 and parking is free. To register, please visit: lowcountryyoga.com

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PATRIOTS POINT NAVAL & MARITIME MUSEUM



About Patriots Point Naval & Maritime Museum

Patriots Point Naval & Maritime Museum, on the Charleston Harbor, is the #1 attraction in Mount Pleasant, S.C., and is home to a fleet of National Historic Landmark ships, and the only Vietnam Support Base Camp in the U.S. Patriots Point is also headquarters to the Congressional Medal of Honor Society and the agency's official Medal of Honor Museum. Visit www.patriotspoint.org for more details, or find us at @patriots_point on Twitter and Instagram, and Facebook at www.facebook.com/PatriotsPoint.org.

About the USS Yorktown Foundation

The USS Yorktown Foundation is a 501(c)(3) charitable organization dedicated to raising funds to provide scholarships for educational programs at Patriots Point Naval & Maritime Museum, as well as supporting new exhibits, symposiums and special programs. The Foundation's mission is "to cultivate a unique learning environment that connects generations by celebrating America's history and its heroes, inspiring freedom, patriotism, leadership and service." For more information, please visit www.USSYorktownFoundation.org or call 843.881.5925.