



FOR IMMEDIATE RELEASE

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Yoga on the Yorktown

Yoga Offered On Flight Deck of USS Yorktown In October

MOUNT PLEASANT, S.C. – Yoga takes flight (deck) every Thursday evening in October on the USS Yorktown with all proceeds directly benefiting the USS Yorktown Foundation's mission of supporting educational programs, exhibits, and historical preservation at Patriots Point.

Starting on October 5, participants will enjoy an all-levels yoga class taught by certified yoga teachers from Lowcountry Yoga every Thursday in October from 5:30-6:30p.m.

"The Foundation is always looking for ways to bring the local community together in support of its charitable aims," said Meaghan Silsby, Director of USS Yorktown Foundation. "We are pleased to offer this yoga series in partnership with Lowcountry Yoga as a great way for the community to come together while supporting a great cause."

The USS Yorktown Foundation has provided over 5,000 scholarships to underserved students across South Carolina to attend education programs onboard the Yorktown. The Foundation – in partnership with Patriots Point Development Authority – is also in the process of restoring all the aircraft on the flight deck and recently completed upgrades to the Laffey Ship Store, which opens to visitors in October.

"The USS Yorktown is an iconic part of Charleston," said Erica Lindquist, owner Lowcountry Yoga. "We look forward to bringing the practice of yoga to this special place".

Classes are \$25 and no yoga experience is required. Please bring your own yoga mat and identification for entry. To register, go to lowcountryyoga.com





About Patriots Point Naval & Maritime Museum

Patriots Point Naval & Maritime Museum, on the Charleston Harbor, is the #1 attraction in Mount Pleasant, S.C., and is home to a fleet of National Historic Landmark ships, and the only Vietnam Support Base Camp in the U.S. Patriots Point is also headquarters to the Congressional Medal of Honor Society and the agency's official Medal of Honor Museum. Visit <u>www.patriotspoint.org</u> for more details, or find us at @patriots_point on Twitter and Instagram, and Facebook at <u>www.facebook.com/PatriotsPoint.org</u>.

About the USS Yorktown Foundation

The USS Yorktown Foundation is a 501(c)(3) charitable organization dedicated to raising funds to provide scholarships for educational programs at Patriots Point Naval & Maritime Museum, as well as supporting new exhibits, symposiums and special programs. The Foundation's mission is "to cultivate a unique learning environment that connects generations by celebrating America's history and its heroes, inspiring freedom, patriotism, leadership and service." For more information, please visit <u>www.USSYorktownFoundation.org</u> or call 843.881.5925.